

7 Myths about Lip Augmentation in Liverpool that you NEED to know

Before getting Treatment

Written by Ed Challinor - First Officer at Smileworks



Let's face it, Lip Augmentations (or Lip Jobs as we like to call them here at Smileworks) have got a bad reputation in Liverpool. We are seeing some pretty disastrous attempts on the streets of Liverpool and here to bust a few myths about getting your lips done are MJ, Charlene and Jen.

Anyone with a credit card can buy dermal filler from the internet and have a go at injecting it into people's faces. But the rights and wrongs of the current law is not the topic of today's discussion.

“The ‘allergic reactions’ that you might have read about in the papers are usually down to very poor injection technique

- MJ: Cosmetic Dentist



We are going to give you an exclusive, behind-the-scenes glimpse into the world of Medical Aesthetics at Smileworks and bust the top seven myths that patients continually ask us about.

Myth 1: “I will get an allergic reaction”

“This is a pretty easy one to bust”, says, Dr Rowland-Warmann, our Cosmetic Dentist here at Smileworks. She says that lip filler is made from a naturally occurring substance called *Hyaluronic Acid*. Although it sounds nasty it’s in fact made naturally by your own body and is a clear, colourless, slightly sweet-tasting goo that comes in a little syringe from the manufacturer. It is mostly made up of water and plays a large part in hydrating the skin. So it’s actually good for you, rather than potentially dangerous. It comes in a beautiful little box and is ready-made up and formulated by scientists at the pharmaceutical giant, *Allergan*.

So if you had an allergic reaction to Hyaluronic Acid then you would be in big trouble because your nerves, joints and connective tissue contains tons of it already. So put simply it is extremely unlikely that you will have an allergic reaction.

It is, however, great stuff for sculpting perfect lips. It is naturally re-absorbed by the body over time and causes no damage to the tissues if used correctly. In the wrong hands though, you can be permanently scarred from a lip augmentation.

MJ continues, *“The ‘allergic reactions’ that you might have read about in the papers and magazines are usually down to very poor injection technique or a practitioner trying to put too much filler into the patient.”* She continues that you can only sculpt a pair of really voluptuous, beautiful lips over time, and it takes two or three visits adding just a little each time to achieve these really great results. *“It is a fact that girls want big lips but it’s important to manage expectations of what can be achieved in one visit.”* So this myth is well

and truly busted. It is very unlikely that you will have an allergic reaction to HA fillers because they are made from something that is already made by your own body!

Myth 1: “I will get an allergic reaction” BUSTED

Myth 2: “It makes girls look like ducks!”

Ok this one is a bit more tricky. As you know, fillers can be injected into patients by *anyone*. So as long as you have the means of getting hold of the product, you can go along to someone’s house and have a go. *“So a great deal of the ducks that we see are purely down to the injector having little or no experience.”* Says MJ. Charlene, our dental nurse - who has her lips done at Smileworks a couple of times a year - explains, *“everyone is scared of looking silly after they get their lips done - I think it’s a massive problem in Liverpool because there are so many back-street clinics offering rubbish products and not doing it well at all.”*

Charlene told us that some of her friends have had treatment for as little as £60 for a ml of Juvederm and the results have been little short of a disaster. Indeed, we have patients coming to us here at Smileworks who have been completely botched in this way. MJ chipped in that there is a great deal of crazy stuff talked about techniques and amounts of filler used. We commonly see the ‘duck look’ when a patient has asked to have the top lip filled only. Best practice is to fill both lips. She said: *“If you look at a person, the bottom lip is always bigger, this is natural. So although it’s usually the top lip that the patient wants fixing - because it is thin, we need to create an aesthetic ratio between top and bottom which means always treating both lips. This creates a natural, beautiful result.”*

Here at Smileworks we spend literally thousands of hours every few years either training or actually practising facial aesthetics. The images you see here are NOT our work. After all this we still need to be very careful how and where to inject to produce really special results. So you can imagine how it is very easy to end up looking like a duck [see images here] or a sex doll if you are just picking up a syringe and having a go for the first time.



So I think the second Myth is conditionally busted. If you go somewhere reputable, there is a pretty slim chance that you will end up looking like a duck. However, go and get treated in the back room of the tanning shop and you are likely to look more at home hanging out at the pond rather than at the party.

Myth 2: “It makes girls look like ducks!” BUSTED

Myth 3: “It doesn’t look natural”

We have kind of covered this one in the previous myth. Natural results are what *everyone* wants. Even if you want massive Angelina Jolie lips, you still want them to look like you were born with them. If anything other than this is true, then you need to go and see a psychiatrist, not a medical aesthetician.

We use a number of different products here at Smileworks to make sure that the results you get are as natural as though you were born with beautiful lips. This can take some time, and we frequently see patients who come to us wanting a drastic change. And as you will see by the picture here, it is certainly possible.

There is very little understanding in the community about how different products are used. We have products for just volume - so if you already have a nicely shaped pout. We also have fillers that can add more shape and create that lovely heart-shape that is so sought after. You cannot introduce two different products in the same sitting so the patient must come back to get treated again. However, if you look at the picture, it’s clear to see that the wait is worth it!

So the unnatural results are, again, down to poor technique. Go somewhere decent and you are unlikely to get an unnatural result. Also you need to be patient. Rome wasn’t built in a day and neither are beautiful pouts crafted in one sitting. So take your time and listen to the advice of your practitioner.



Jen, our fab treatment coordinator speaks to lots of patients about Lips and added, *“Patients have to take responsibility too. If I was going to get my lips done I would research it properly and make sure that the person doing them knew what they were doing. There is enough literature out there and plenty of qualified people to ask about these things.”* Everyone agrees this is true. We live in a world of consumer power and there are always loads of places where you can see reviews from real patients about real treatments.

Myth 3: “It doesn’t look natural” **BUSTED**

Take a look at some of our reviews right here:

Smileworks

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We have the best product at the lowest price.
Because we love you.
Smileworks has arrived in Liverpool. We are the leaders in Facial Aesthetics and Dentistry across the North West. Whether you are [Read more](#)

Outstanding
★★★★★
Average rating from 5 reviews
11 recommendations
"Absolutely fab practice! MJ and the team were so welcoming and made you feel relaxed at all times, I was treated like a VIP! I've been here now for a few different..."
Paula, UK

5 Star Treatment

Patient Reviews of Smileworks ★★★★★ from 5 reviews

Paula
UK
WhatClinic User
Reviewed 13 October 2014
★★★★★
"Absolutely fab practice!"
"Absolutely fab practice! MJ and the team were so welcoming and made you feel relaxed at all times, I was treated like a VIP! I've been here now for a few different treatments and all the results have been amazing and excellent value, I'm already looking forward to my next visit :-). Thanks Smileworks X"

Lacey
UK
Clinic Patient
Reviewed 14 September 2014
★★★★★
"Excellent service and"
"Excellent service and price!!!!"

Karen
UK
Clinic Patient
Reviewed 15 June 2014
★★★★★
"Very professional"
"Fab, I will return. MJ and Ed are both very professional."

[See all reviews and comments](#)

Accreditations

Contact Clinic

"Outstanding"
★★★★★
Average rating from 5 reviews
11 recommendations
"Absolutely fab practice! MJ and the team were so welcoming and made you feel relaxed at all times, I was treated like a VIP! I've been here now for a few different..."
Paula, UK

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Myth 4: "It Hurts"



Smileworks Liverpool reviews

Excellent **9.7** from 0 - 10



Review company

89 reviews on Trustpilot | Latest review 23 days ago

Rating distribution



Stacey

Smileworks is the best, I am very pleased with the results and I recommend them.
The Smileworks team MJ, Ed and everybody else is professional, hardworking, friendly and I believe the best Liverpool has to offer in their field.

MJ is very talented and a perfectionist to a fault. She achieves fantastic results. I wanted to look better but in an understated way which she defidantly made happen at affordable prices.

MJ listened to my wants then explained the treatment options clearly and comprehensively. The decision making process was democratic rather than the doctor imposing which made me feel relaxed about the procedures.

I am very happy with Smileworks and I recommend them.

Published Friday, November 07, 2014
Order id: 7
Source: Kickstart



Samuel

Fantastic place and very welcoming.
I went to smileworks at first to get my lips done. I was really nervous about this as it was my first time for filler / botox etc. MJ couldnt have made me anymore relaxed and the results were brilliant. I have since been back for botox and was also over the moon with that. I will continue to keep going here for further treatments etc. Would highly recommend this place to anyone!

4/5 Stars 10/10 Score

Published Monday, November 10, 2014
Order id: 200-1
Source: Kickstart



Julie

Amazing people and amazing service
Amazing photo and amazing lip filler
A very happy customer thank u

4/5 Stars 10/10 Score

Published Wednesday, February 18, 2015
Order id: 60010
Source: Kickstart



Lucy

Amazing!
I was made to feel very comfortable and welcome as I was a little bit nervous before getting my lips done, the procedure was explained to me fully and I was advised in the best way to suite what I wanted. Highly recommended! X

4/5 Stars 10/10 Score

Published Thursday, February 19, 2015
Order id: 688
Source: Kickstart



Mark

Botox treatments for myself and lip fillers for my wife.
Slightly difficult to find but once inside you can expect a warm welcome from the staff. Unusual and quirky reception area with an affine theme... Actual practitioner MJ is again warm and approachable. Very professional atmosphere from the outset and MJ appears very knowledgeable about procedures and products.
I couldn't recommend smile works more highly and my wife and myself will be 'rejuvenating' ourselves here on a regular basis **4/5**

4/5 Stars 10/10 Score

Published Saturday, January 10, 2015
Order id: 670-1
Source: Kickstart



Elaine

Amazing!
I love my new lips have already recommended your services to a few people. Will be booking back in ASAP

4/5 Stars 10/10 Score

Published Saturday, January 10, 2015
Order id: 643-1
Source: Kickstart



Leanne Whitham

Love my new lips
A massive thank you to all at smileworks. Such lovely genuine people. Very friendly and welcoming my new nose and lips :) are amazing... Thanks to MJ!
100% recommend
Xxxx laura xxx

4/5 Stars 10/10 Score

Published Wednesday, December 03, 2014
Order id: -
Source: Organic



Ellie

Wouldn't go anywhere else!
Over the moon with my lips! Wouldn't go anywhere else, highly recommend! MJ is very professional and it's a lovely little place! X

4/5 Stars 10/10 Score

Published Thursday, April 23, 2015
Order id: 1407
Source: Kickstart



Stacey

Smileworks is the best, I am very pleased with the results and I recommend them.
The Smileworks team MJ, Ed and everybody else is professional, hardworking, friendly and I believe the best Liverpool has to offer in their field.

MJ is very talented and a perfectionist to a fault. She achieves fantastic results. I wanted to look better but in an understated way which she defidantly made happen at affordable prices.

MJ listened to my wants then explained the treatment options clearly and comprehensively. The decision making process was democratic rather than the doctor imposing which made me feel relaxed about the procedures.

I am very happy with Smileworks and I recommend them.

Published Friday, November 07, 2014
Order id: 7
Source: Kickstart



Clare

Service with a beautiful smile
I was really anxious about getting my lips enhanced however I felt at ease with smile works from my first phone call to them just to discuss the options. Upon my first appointment they were very friendly and made me feel at ease however they also did not be about the cash or cloud over your decision. They were honest and I felt they had my best interests at heart. I walked out very happy and three weeks on I don't have one regret! I love my new lips and would happily go back :) x

4/5 Stars 10/10 Score

Published Wednesday, April 15, 2015
Order id: 1994
Source: Kickstart



emma williams

lip fillers
In love with my lips! Best company around by far it is amazing at what one does very professional and welcoming.

4/5 Stars 10/10 Score

Published Thursday, April 16, 2015
Order id: -
Source: Organic



prospectiva brown

hollows lips!
After much hesitation and research I decided to go ahead and have some lip augmentation I settled on smileworks as I had seen MJ's work first hand and was confident she would do what I wanted. I am delighted to say the result is exactly what I was after full but subtle. The whole team at smileworks are professional but approachable and very friendly and caring. I would not hesitate in recommending the team to anyone.

4/5 Stars 10/10 Score

Published Thursday, April 23, 2015
Order id: -
Source: Organic



Jo

Lips at last!!!
Having visited Smileworks feeling very nervous about having this procedure I left feeling very confident about having the treatment, from the consultation, treatment and afterwards the staff are very professional and friendly. I will with all confidence recommend MJ and Smileworks. I'm so happy I went, thank you to all the staff at

4/5 Stars 10/10 Score

Published Friday, May 08, 2015
Updated Friday, May 08, 2015
Order id: -

MJ jumped straight in on this question, “*my patients don’t feel a thing when they have their lips done*” She explains that lip augmentations are actually pretty painful, so she uses a special dental anaesthetic to completely numb the area. So patients are left numb for around an hour after the treatment and don’t feel a thing. This is actually one of the most frequent comments that I hear when patients come out of their lip procedures. There is always some variation of ‘I cant believe it didn’t hurt’

There is even a technique used by the most talented cosmetic dentists that means that patients don’t even feel the injection that puts the anaesthetic in. I know this because I myself have had one. It’s a nice surprise and is yet ANOTHER reason that Dentists make such brilliant aestheticians.



On the other hand, go and see an amateur and you are likely to get numbing cream to put on your lips. The problems with this are that numbing cream is that it takes 30-40 minutes to act and practitioners frequently get cracking after just a few minutes when it is having little or no anaesthetic effect.

I very frequently see terrified patients who have been treated in the past without local anaesthetic. It’s not pretty. We had one patient in our surgery last year who was clutching something. When I asked her what it was she replied, ‘I brought my own numbing cream because it hurts so much!’ Needless to say she was another who came out saying something like ‘I can’t believe it didn’t hurt’

Myth 4: “It Hurts” BUSTED

Myth 5: “It’s Expensive”

Think of Lip Jobs like haircuts. You can probably go off to your local salon and get your hair cut with someone decent for about £40. You leave happy. But if you wanted to, you could go to the barbers on the corner and get it done for £15. You are taking your chances though, and are likely to leave with a dodgy haircut. Similarly you can go to see Nicky Clarke in London and pay £500 for a haircut and it will probably be the most incredible thing ever. Well lip Jobs are just the same.

Be warned that if you spend less than about £100 on any lip filler then the practitioner is not making any profit. This is even if they get the cheapest possible product and have no overheads and come and treat you in your living room. Or more worryingly you may be receiving treatment from a practitioner who has brought counterfeit products from the

internet. I get bombarded by email spam every day trying to sell me boxes of this and that for as little as \$20 and god only knows what the boxes contain.

Apparently there are facial aestheticians in Liverpool who even charge you for their petrol when they come and visit your house! They are unlikely to be making any money. And why would you do something that didn't make you any money? Possibly if you wanted experience. So I suppose there has to be a link between cheap lip jobs and practitioners who are trying to get 'on the job' experience and using you as a guinea-pig.

So beware anything less than about £100. You should be paying about £140 for 0.55 and £250-£300 for a full ML. So when you think that it is going to last you for 9 months, that's about £450 a year. That's probably about what most people spend on their hair - when you think about it.

So it's not expensive. What *is* expensive is getting it done for £100 and it going wrong. You then come to Smileworks to get it fixed which costs you another £250! So think carefully about how you are going to spend your money.

Here at Smileworks, for our level of experience we are super-cheap. The reason for this is that we order dermal filler on an industrial scale. We literally get through hundreds of boxes every month and this means big discounts and freebies from the pharma companies. We also LOVE lips here at Smileworks and set our prices intentionally low so that we can compete with the back-room operators and give younger people the choice to come somewhere truly special and get the result that they want.

Myth 5: "It's Expensive" BUSTED

Myth 6: "It doesn't last"

OK so filler lasts for between 5 and 9 months. Sometimes lots longer. Like everything, lifestyle plays a big part in it. So if you smoke and use the sunbeds, you are likely to see weeks taken off the longevity of your lip filler. But a good provider lets you know all about this so we rarely - in fact *never* get complaints.

We do hear stories quite frequently of filler lasting a few weeks. MJ says: "*This is poor product choice and links back to what we have said about price*" She explained that there are lots of different types of filler and some are meant for completely different purposes than others. There is a type of Juvederm filler made by Allergan that is used for volumising the backs of the hands. Ladies hands can often give them away so the filler is placed carefully inbetween the tendons on the back of the hand and creates a more youthful appearance. It's a really popular treatment but used a very watery, thin type of Juvederm. It comes in the same type of box as all the rest and is, you guessed it, half the price.

So we think that practitioners are either buying it by mistake or more likely are buying it because it is cheap and looks like the Juvederm that is used in lips. *“It would not hang around in the lips for very long at all - a few weeks at most.”* So here at Smileworks we think we have busted the ‘it doesn’t last’ myth with this explanation.

Myth 6 - “It doesn’t last” BUSTED

So there are the six most popular Lip-Job Myths that you need to know before even considering getting your lips done.



About the Author:

Ed Challinor is our First Officer here at Smileworks and he is your go-to guy on all lip-related issues and problems.

He will make you an appointment with the fabulous Dr Rowland-Warmann who will treat you with talent and expertise.





Dr MJ Rowland-Warmann
is our cosmetic Dentist and Lip aficionado.
Take a look at her before and after pictures below

And here is some of Dr Rowland-Warmann's recent work. Pretty impressive...



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